



Set Sail Team Building

Duration: 2 Hours

Audience: Intact work group

Pre-requisite: none

Overview: This program uses an interactive experience to explore the Seven C's of team effectiveness:

- **Clarity:** An understanding of the team's purpose, expected outcomes, roles, responsibilities, and stakeholder expectations.
- **Capability:** Having the necessary skills and knowledge (or ensuring individuals acquire the necessary skills) to complete tasks efficiently and appropriately.
- **Collaboration:** An understanding of how to work together and use resources effectively to achieve team goals.
- **Commitment:** A high degree of dedication to the team's mission and to each other.
- **Communication:** An understanding of positive communication practices, including active listening and giving and receiving feedback.
- **Continuous Improvement:** A commitment to constantly enhancing work processes and team effectiveness.
- **Creativity:** Conditions that encourage diverse thinking, new ideas, and innovative solutions.

Learning Outcomes:

- Practice and understand the seven skills critical to effective teamwork
- Identify strategies to improve team performance
- Learn to apply the seven skills both in a real-time scenario and with your own team.

Methodology: Simulation (training game) where participants are given the opportunity to work, in teams, to build a "ship's mast." Each team is required to solve problems and improve results. Team and group discussions, before and after the simulation, serve to solidify concepts.