



Change Management

Duration: 1 day

Audience: all employees

Pre-requisite: none

This full-day program will help participants learn to survive and thrive within an ever-changing business environment by taking a proactive approach to change.

Participants examine their own reaction to change whether it be acceptance, rejection or somewhere in the middle. They also learn the four phases of change and how to assess which phase they are in for any given change. Finally, participants learn skills that will make them agents of change regardless of their level within an organization.

Learning Objectives: At the completion of this program participants will be able to:

- Determine their typical response to change.
- Explore the behaviors that typify the three responses to change
- Identify actions steps they can take to embrace and foster change.
- Understand the four phases of change.
- Identify productive and nonproductive change behaviors for each phase of change.
- Develop a strategy for mastering change.
- Combat change-related stress.